



Educational Research (ISSN: 2141-5161) Vol. 12 (4)

Available online @ <http://www.interestjournals.org/ER>

Copyright © 2021 International Research Journals

Short Communication

The National Diabetes Prevention Program

John Robitscher,

Rollins School of Public Health, Emory University, USA

Abstract

The National Diabetes Prevention Program—or National DPP—was created in 2010 to address the increasing burden of prediabetes and type 2 diabetes in the United States. This national effort created partnerships between public and private organizations to offer evidence-based, cost-effective interventions that help prevent type 2 diabetes in communities across the United States. One key feature of the National DPP is the The National Diabetes Prevention Program a research-based program focusing on healthy eating and physical activity which showed that people with prediabetes who take part in a structured lifestyle change program can cut their risk of developing type 2 diabetes by 58% (71% for people over 60 years old)After working for nearly a decade to scale and sustain the National Diabetes Prevention Program (DPP), ProVention Health Foundation’s leadership recognized a need to complement the existing landscape of DPP delivery option.

Biography

Chief Executive Officer of the National Association of Chronic Disease Directors, John Robitscher, MPH, provides direction and leadership to achieve NACDD’s Mission, strategic plan, and annual operating and fundraising plans; and serves as steward of the Association’s funds. Since joining NACDD in 2005, he has led the organization’s acquisition of more than \$100 million in funding for hundreds of chronic disease prevention and health promotion programs across all 50 states and U.S.

References

1. Roshandel G, Khoshnia M, Poustchi H, et al. Effectiveness of polypill for primary and secondary prevention of cardiovascular diseases (PolyIran): a pragmatic, cluster-randomised trial. *Lancet*. 2019;394:672-683.
2. Patel AA, Huffman MD. Progressing polypills beyond concepts to outcomes. *Lancet*. 2019;394:617-
3. Sanz G, Fuster V. Prevention: Polypills for cardiovascular prevention: a step forward? *Nat Rev Cardiol*. 2013 Dec;10(12):683-4. doi: 10.1038/nrcardio.2013.157. Epub 2013 Oct 8. PMID: 24101102.

Cite this article: Mr. John Robitscher; The National Diabetes Prevention Program; food safety 2021; September 29-30, 2021
Toronto, Canada