



## Review

# The knock nerves and millierb herbal (JAMU) therapy can heal pain, inflammation and shrink the lump

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### Abstract

We were as a healer and inventor Herb Millierb. According to complaint patient that chronic pain symptoms of stroke is stating. We strive to find out method of physiotherapy or massage to increasing the blood flow. The knock nerves found out at the beginning of January 2012. The knock nerves is a physiotherapy or massage with a toothpick or brush, the knock nerves on the skin (ache, inflammation and tumor) is stimulate nerve periphery to increase blood flow with a toothpick or brush and smeared with Milligesic oil. The blood flow is running well, it can relieve pain symptoms, inflammation, shrink the tumor and that all diseases can be cured quickly. Herbal MILLIHERB is research formulas greater than 25 kinds of plants which the same effect, consisting of the main ingredients and other plant material, as a complement, synergistic to improve the efficacy of herbal medicine and the doses decrease. Fulfill the motto "All diseases have drugs and can be cure-all" Hypothesis: Blood flow running well can be cure all diseases because it can improve the function of all organs. with a knock nerves on the skin or the nervous periphery with a toothpick or brush and Millierb herbal can activate periphery veins or nerves so that blood flow running well throughout the body to be smooth and all diseases heal faster. From the results of the cases study of the Knock Nerves and Herbal MILLIHERB can cure the diseases, especially for first aid stroke disease, pain, inflammation and shrink lumps of thyroid/tumor/ cancer. Even more rapid these healing than modern medicine for decreasing pains, ache, inflammation and shrink lumps and healing the diseases for treatment of stoke, thyroids, tuberculosis, intestine, glaucoma, hepatitis A/B/C, nephritis syndrome, ect. This therapy is better than modern medicine.

**Keywords:** The nerve to knock, Millierb herbal, therapy, cure-all

## INTRODUCTION

We were as retire researcher (Ministry of Health Indonesia), pharmacist, a healer and inventor Herb (JAMU) Millierb. According to complaint patients that chronic pain symptoms of stroke is stating. We strive to find out method of physiotherapy or massage to increasing the blood flow. The knock nerves found out at the beginning of January 2012. The knock nerves is a physiotherapy or massage with a toothpick or brush, the knock nerves on the skin (ache, inflammation and tumor) is stimulate nerve periphery to increase blood flow with a toothpick or brush The blood flow is running well, it can relieve pain symptoms, inflammation, thyroids, shrink the tumor and that all diseases can be cured quickly.

### Herbal MILLIHERB

Are research formulas greater than 25 kinds of plants which the same effect, consisting of the main ingredients and other plant material, as a complement, synergistic to improve the efficacy of herbal medicine and the doses decrease? The efficacy of herbal medicine and the doses decrease. The basic millierb formulation is very simple, human beings need some substances; vitamins, protein and minerals in small quantities and therefore formulations Millierb must be from a mixture of 25 from (vegetables, fruits, herbs and plants are not toxic). It was correct and the usual dose can be reduced until 500 mg of dried herb,

efficacy increasing (synergistic), and can heal the diseases.

The symptom decreased in 10 minutes after drinking this herbal. MILLIHERB guarantees the effectiveness of low-dose efficacy and does not need to fear of side effects, hypersensitivity, and even the possibility of drug interactions, when combined with modern drug therapies.

The plant consists of vegetable, fruit, spices and non-toxic Indonesian herbal. Jamu Milliherb presented in capsules 500 mg (24 preparation) dry herbal is effective to treat the specific diseases. From the observation of case studies for 15 years, it turns MILLIHERB herb may decrease usual dose, from 500 to 800 times smaller than visible success of the best cases of tumors and cancer treatment can reach up to more than 90%, and can improve the quality of life in cancer patients, cancer is very advanced or chronic. Treatment failure due to drug withdrawal. Fulfill the motto "**All disease has a drug and can cure**".

### Hypothesis

Blood flow running well can cure all diseases because it can improve the function of all organs of the body.

How to work with the knock on the skin (ache, inflammation and tumor) or on the nerve periphery with toothpicks or brush an enable or nerve periphery veins so that blood flow throughout the body to be smooth, so that all illness recover quickly.

### Benefits

The knock nerve combined with Milliherb herbal can speed healing disease, relieve pain, inflammation, thyroids and shrink the tumor or cancer. This method is very effective, inexpensive and can be done alone for stroke, migraine and vertigo, sandwiched between veins and fractures, bone loss, rheumatism, tumors and cancers, eye diseases, stomach diseases, infectious diseases, aging diseases, blood disorders, and treatments body.

Therapeutic nerve knock yourself this can be done by everyone, especially first aid is needed to cure with the disease by rural communities that are not affordable government health services. To achieve "HEALTHY INDONESIA 2014".

Because the formulas of Milliherb consist of greater than 25 kinds of plants (vegetable, spices and Indonesian herbs). The traditional scientists will said that the formulas are irrational, but it is in real. Because traditional medicine experts have always maintained under one plant is better than the mix of plants. They do not realize that one type of plant can treat diseases in high doses and not efficacious in small doses.

### THE KNOCK NERVE THERAPY

The knock nerves is a physiotherapy or massage with a

toothpick or brush, it is innovation in 2012. The knock nerves on the skin (ache, inflammation and tumor) is stimulate nerve periphery to increase blood flow with a toothpick or brush. The blood flow is running well, it can relieve pain symptoms, inflammation, thyroids, shrink the tumor and that all diseases can be cured quickly.

How to work with the knock nerves on the skin or on the nerve periphery with toothpicks or brush can activated nerves and then increasing the blood flow throughout the effected part and the body to be smooth, so that all illness recover quickly. The knock nerve with a toothpick or brush on the skin can relieve pain and shrink the lump in quick time.

In the bibliography theory turned out to be dry needling Ceko Karel Lewit introduced (1979) and Chan Gun (1980). Dry needling is an invasive puncture where the needle is inserted into the skin and muscle directly at a trigger point to relieve pain. Dry needling can only be done by a trained. Peter Baldry (2005) developed a superficial needle inserted approximately 5-10 mm above the tissue to the trigger point, but eventually took the decision could only penetrate the skin and throughout the body in the puncture above the triggers for pain relief.

Based on the results of the experience of all people are afraid to do pricking the skin with a needle, although never tested in patients and the results are promising. The patient is willing to do its own.

Then attempted to use a toothpick or brush, but the result can relieve local pain and can shrink the lump in relatively quick time. The knock nerves on the wide part, toothpick can change with brush and the efficacy is the same. The knock nerves in bone (arthritis and joints), around the eyes, teeth, and the acne, use a toothpick better. Then smeared Milligesic Oil to accelerate healing. Everyone can do the knock nerves themselves.

Theory knock nerves on a peripheral nerves on the skin or on the areas of pain can relieve pain and shrink the lump in relatively short. Especially when it's done for a mild stroke when immediately given a warm cup of tea, put to sleep and the knock nerves on the sore spot and smeared with milligesic oil can be recovered instantly.

### Benefits

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### How it works

1. This nerve knock and herbs Millierb will stimulate peripheral nerves that can increase the blood flow.
2. Blood flow smoothly lost cause disease and increase antibody.
3. The knock nerves throughout the body and Herbal Millierb therapy can increase blood flow throughout the body to become healthy and increase antibody.
4. The knock nerves in the areas of pain or inflammation or tumors can increase blood flow in the areas of pain, inflammation, and tumor, it can relieve pain, inflammation and shrink tumors.

### Method of the knock nerves

The method is very easy to do knock nerves and can be done by everyone, the method as described below;

1. Because the knock nerves with toothpick on wide space is difficult and takes a time. We change toothpick with brush (hair brush or another brush) to knock nerves on wide space and the efficacy is the same. Every person used different brush
2. Face, forehead and cheeks knock nerve with toothpick or brush horizontal section towards the temples. The eyes and mouth are circular and vertical starting from the center of the forehead, the eyes of a knock circular. Nose knock on appropriate forms. Knock on the jaw and chin toward the base of the ear. Excessive knock on the affected part until the pain goes away. Then it smeared and massaged with Milligesic oil.
3. The head knock nerves with a toothpick or hair brush section. horizontal and vertical starting from the center of the head. Excessive knock on the affected part until the pain goes away. Ear knock on appropriate forms. Neck knock on the horizontal and vertical. . Then smeared and massaged Milligesic oil.
4. Hands and feet is knocked nerves wit brush horizontally and vertically. Excessive knock on the affected part until the pain goes away. Then smeared and massaged with Milligesic oil.
5. Feet, hands and palms is knocked nerves with brush horizontally and vertically. Excessive knock on the affected part until the pain goes away. . Then smeared and massaged with Milligesic oil.
6. Chest, abdomen and back is knocked nerves with brush horizontally and vertically. Excessive knock on the affected part until the pain goes away. . Then smeared and massaged with Milligesic oil.
7. Should do their own due to his hard knock can be adjusted according to taste.
8. Remember the toothpick that has been used to dispose of trash and burned.

### Guide of Massage after the knock nerve

This method knocks nerves to be followed by smearing

with Milligesic Oil as anti-infective, analgesic, and can shrink the inflammation and lumps. The knock nerves and massage to speed up the reaction so that the blood flow and the symptoms disappear. This is done as described below:

1. Advance; forehead, the third finger is placed in the middle of the forehead and temples move to press 3 times. Eye rubbing in a circular motion 3 times. Nose spread with upward motion 3 times. Cheek rubbing her temples with movement to press 3 times. Mouth spread with Milligesic Oil in a circular motion 3 times. Jaw and chin rubbing with movement toward the base of the ear 3 times.
2. Head; oiled with Milligesic oil and massaged by inserting both hands from the top, bottom and side and both hands plucked 3 times. Ear smeared according to their shape. Neck front and back of the hand-held and hands alternately moved 5 times.
3. Hand; palms with Milligesic and massage Milligesic Oil from the wrist to the finger, the finger is moved up and down and pulled. The wrist is moved up and down and pulled. Basting / hand massage from the bottom up (towards the heart). Everything is done 3 times.
4. Feet; oiled with Milligesic Oil and massage from the heel to the finger, the finger is moved up and down and pulled. The ankle is moved up and down and pulled. Basting / foot massage from the bottom up (towards the heart). Everything is done 3 times.
5. Backs; oiled with Milligesic oil and massage on the back, among others, to eliminate back pain. Two hands moving upwards from the base of the hips and spun down. Everything is done 3 times.
6. Stomach; oiled with Milligesic oil and massage. Two hands moving from the top to bottom on stomach and spin up. Everything is done 3 times.
7. Chest; oiled with Milligesic oil and massage. Two hands moving from the over neck down and spin up. Everything is done 3 times. One function of the massage is to loosen chest breathing by giving warmth.

### Advantages knock Nerves and Herbal Millierb

1. Can prevent all the symptoms of the diseases. Especially when there is a knock nerves immediate for first stroke, direct drinking Milligesic Oil and hot tea, the symptoms can disappear.
2. Easily done by everyone for the treatment of himself and others.
3. Can even eliminate the symptoms of cancer/tumor and shrink the lump quickly.
4. Can eliminate the symptoms of infectious diseases (influenza, dengue fever, measles, mumps, etc.) within 1-3 days.
5. The price of health care is cheaper because it can be done alone.
6. Patients do not stress because illness recover quickly.

### Constraints

1. In general, people are afraid to knock itself.

2. Feels little pain can be overcome with the knock nerves done on a piece of cloth.
3. Apparently after consultation, they can do themselves and knock nerves can be arranged in accordance with the resistance to illness
4. Every family should have one person who can knock nerves, then performed as a coach for other family members in order to HEALTHY INDONESIA. 2012
5. Every family should have Guide line of the knock nerves and herb Milliherb therapy.

### HERBAL MILLIHERB (Jamu Milliherb)

MILLIHERB (jamu) developed formulas from Madura herbal medicine, and has been patented by Sriana Aziz, pharmacist, inventor, researcher with the patent registration number : P00200400356 and P00200500730, Patent Acquisition Incentive Program State Minister for Research and Technology in 2004 and in 2005. Twenty- four (24) preparations have been registration on the Institute of Drugs and Food Control (Badan Pengawasan Obat dan Makanan) and registered in the halal label. As the inventor and innovator types of herbs Milliherb, by improving and perfecting the formulation and practice of medicine, based on the conception of a small dose, synergistic, improving cell function, blood flow and body balance.

MILLIHERB mean dose of 500 milligrams per capsule of dried herb has been able to cure or eliminate disease symptoms in 10 minutes after drinking it. This patented the formulations consists of greater than 25 of plants (vegetable, spices, fruit, and Indonesian traditional plants). MILLIHERB used to cure various illness, both incurable illness. MILLIHERB used to treat and / or alleviate pain, pain, gout, uric acid, inflammation; Madura's Viagra, women, obesity; antidot (narcotics); asthma, TBC, cough; constipation and hemorrhoids, thalassemia, liver disease, gallstones, pain heart, kidney stones, kidney leak/nephritis, prostate, gastritis, anemia and leukemia, blood sugar, brain tonic, eye tonic, skin diseases and acne, leprosy, warts, rheumatism, dengue , herpes or another virus diseases, and even for the treatment of tumors, cancer, cirrhosis, hepatitis A , B , C , lupus etc.

How to use the drug for the treatment: for acute diseases for one - three days every 2 hours 1 - 2 capsules (maximum 8 times) daily, a day 3-6 times 1 -2 capsule (500 mg dry herbs) and for the prevention every day 1 capsule (500 mg). The results of the cases study (15 years) it can cure the diseases, its success reached 90 % and no visible side effects. Treatment failure is generally due to their withdrawal or switch to another medication.

### New product development opportunities for the Nobel prize

1. Since 1998 Herb Milliherb powder in a capsule dosage formulation developed steadily until 2004. The mixture is greater than 25 kinds of vegetables, spices,

fruit and medicinal plants in Indonesia to 32 preparations made products for specific diseases.

2. In late August 2005 found a new product to the oil formula, herbal ingredients dissolved in coconut oil mixed with essential oils. The name is Millimiristin oil. It can used to drink and rub or compress for antioxidant, analgesic, antibacterial, virus infections (herpes, dengue etc), pain, swelling and sores, tooth ache, burns, ulcers, stroke, acne , hemorrhoids, asthma, cough; reducing rheumatic, hearth, hepatitis A, B, C, Cancer, typhoid, tuberculosis, thyroid problems, lupus, and elderly disease (degenerative). Tendency as antivirus better than antibacterial.

3. In early 2006, formulated Millikutil or Calcium Kalium soap is removed warts, moles, feetsore (without a trace).

4. In early 2008, formulated Milligesic oil is herbal ingredients dissolved in coconut oil mixed with calcium, kalium soap and essential oils, it is used for burns, eczema, sauriasis, antiviral (herpes, chicken pox), tbc, inflammation and pain (cancer, bone, gout, and uric acid); ulcers, pain in patients with leprosy, body pain, pain due to stroke, tumors, cancer, sores, thyroids, parasites, toothache, canker, and stomach. Milligesic Oil for inflammation, shrink (tumor, thyroids), antibacterial and parasitic better than Millimiristin.

5. In March 2013, formulated Milligesic Oil Mn is herbal (mix flower) ingredients dissolved in coconut oil mixed with essential oils, it was especially for children.

6. The knock nerves is a physiotherapy or massage with a toothpick or brush, it is innovation in 2012. The knock nerves on the skin (ache, inflammation and tumor) is stimulate nerve periphery to increase blood flow with a toothpick or brush The blood flow is running well, it can relieve pain symptoms, inflammation, thyroids, shrink the tumor and that all diseases can be cured quickly.

7. Clinical trials for the knock nerves and Milliherb therapy of cancer treatment, thyroids, herpes, nephritis, hepatitis, tbc and other diseases using a combination of all three types of drugs and promising opportunities to get a Nobel prize.

The Nobel Prize is a big mouth in order to attract public attention, especially medical experts and traditional medicine experts. The experts consider this formulation only big mouth, a liar and irrational, but the innovation of anti- viral drugs, anti- cancer and non steroidal anti- pain and non- narcotic not nonsense. While modern drug innovated to new drug for this diseases did not develop, because the research requires very expensive and need for long time.

For example, Drinking Millitrium and Milligesic oil combined with knock nerves for 15 – 30 days can cure hyperthyroidism. Drinking Millifeksi and Millimiristin can cure herpes in 5-10 days cured herpes, herpes does not grow and without the side effects of pain persistence.

Cancer pain was drinking Millitrium, Milligesic oil, Millimiristin, and other Milliherb (as metastasis) every hour combine with knock nerves can decrease pain symptoms after 15 –30 minute.

## THE CASES STUDY IN JANUARY 2012 – FEBRUARY 2014 AND RESULT

1. JK S (nephew 37 years) vomiting blood in April 2003. He went to the General Hospital in Jakarta, lab. positif tuberculosis. He treated tuberculosis drug package for 6 months, it has not healed. 6 months of continued treatment. After 6 months of otherwise healthy and continued treatment with vitamin. But symptoms continue, but otherwise healthy. Because of symptoms of cough, shortness of breath, vomiting of blood continued. He was given the drug in August 2003 Milliherb Millicento (3x2 capsules) for tuberculosis, Millifeksi (3x1 capsules) for infection, and Milliasbat (3x1 capsules) for coughing and shortness of breath. after 6 months Milliherb administration, He declared healthy and treatment was continued until August 2005. Until now, he drank herbal Millicento 1 - 2 capsule every day for prevention diseases. The success of the treatment of tuberculosis, he is fine now.

2. S. A (68 years) in September 2010 with symptoms of a lump in the groin and urine is not smooth, he was not go to a doctor. He drank Milliprostat 3x2 capsules for 3 months and withdrawal. He bought it again when urine is not smooth 3x1 capsules for 2 weeks. The success of the treatment of prostate, until now he is healthy.

3. Y. S. (66 years) in June 2010 with symptoms of bloating, fatigue, slight shortness of breath, fever, stomach and back feels hot. He went to the doctor and check in the lab and found to have hepatitis B. the doctor treatment for 1 month and the symptoms persist. In July 2010 he used Millihepar 3 x 2 capsules for 3 months. He feel healthier and drinking every night Millihepar 1 - 2 capsules for prevention. The success of the treatment of hepatitis B, he is fine now.

4. F. A. R (67 years old) in March 2012 with symptoms of the month August 2011 - March 2012 bleeding from the vagina, and more and more and more. She did not go to the doctor. Estimates of cervix cancer diagnosis. She drank Milliturium 3 x 2 capsules for cancer, Milligalian 3x2 capsules, and milligesic Oil 6x15 drops for inflammation. The knock nerves on the stomach and back and smeared Milligesic Oil and massaged. The knock nervous with toothpick conducted 4 times in 2 months. She check in the lab in March 2013 expressed negative cancer and stopped taking medication. She healthy until now. The success of the treatment of cervix cancer, in 2013 examined the lab and found negative cancer.

5. R. Ch. (55 years) with symptoms of bloating, abdominal pain, dizziness and ringing in the ears. She declared to the doctor and lab intestinal inflammation, hypotension and inflammation of the ear. She was taking medicine for 2 weeks. but the inflammation of the small intestine and ear has not healed. In September 2011 she used Millidiar 3 x 1 capsule for intestinal inflammation and her ear. Every night the ears spilled Milligesic Oil 3 drops. During the 2 weeks he was declared cured abdominal pain and ears. Until now, he drank herbal Milliherb 1 capsule every day for prevention diseases. The success of the treatment of

intestinal inflammation, hypotension and inflammation of the ear, she is fine now.

6. M. N. (nephew, 36 years) in January 2012, He suffered from cataracts in both eyes since birth. In 1982 he had surgery his two eyes, the left eye in 1990 and operated arising layer (Laser). Side effects of surgery is glaucoma in both eyes. In 1994 started the right eye and 1995 did not see the two eyes do not see. Increasingly glaucoma symptom and inflammation arise in 2002 and he drunk Millimata/ Millieye Tonic 3 x 1 capsule and symptoms of glaucoma decreasing. In 2012, he did knock nerve with toothpick around the eyes and smeared Milligesic oil. In 2014 he drops his eyes every day 1 drop Milligesic Oil MN. Successful treatment: glaucoma symptoms was disappear, reduced eye surface inflammation and eye dirt disappear. The success of the treatment of gloucoma, he is fine now.

7. Mrs. Y. (54 years) in February 2012, symptoms of anal bleeding. She went to the doctor and check the lab stated colon cancer. it is advisable for the operation and she did not want to. And then she drank Milliambe 3x2 capsules, Milliturium 3x2 capsules, Oil Milligesic 3x15 drops every night and compressed anus with Milligesic Oil. After 15 days she checks back to the doctor, she had chemo and radiation. Milliherb herbal treatment was continued. She healthy until now. The success of the treatment of colon cancer, in March 2014 examined the lab and found negative cancer.

8. Mrs. A. N. (63 years) in January 2013, the symptoms of stomach cramps, and flatulence. She went to the doctor and check lab declared kidney stones. She does not buy the prescribed drugs. Then she drunk Milliginjal Tonic 1 capsule every hour, 3x15 Oil Milligesic drops and every day she did knock nervous stomach and Milligesic Oil smeared with a massage. After 3 days of abdominal pain and bloating is reduced. The next he drank tonic Milliginjal 3x1 capsules up to 1 month. Milliherb forwarded herbal treatment for prevention. The success of the treatment ob the kidney stones, she was healthy until now.

9. Mrs. Y. S. H. (65 years) in January 2013, the symptoms of stomach cramps, coughing, fatigue, chest pain, fever, chills and abdominal pain stabbed into his chest. She went to the doctor and check lab declared a kidney infection, nephritis, heart swelling, hepatitis A / B. She does not buy the prescribed drugs. Then she drank Milliginjal Tonic capsules 3x1, 3x1 Millihepar capsules, capsules Millijantung tonic 3x1, and 3x15 Milligesic Oil drops. do tap nervous stomach and back with a massage oil smeared Milligesic. after 3 days reduced pain symptoms. The next she drank herbal Milliherb to 1 month with the same dose. Milliherb forwarded herbal treatment for prevention. Successful treatment of nephritis and its complications, she is fine now.

10. Mrs. T. P. (21 years) on Juny 2013, symptoms of cough, chest pain, fever, night sweats, shortness of breath. She went to the doctor and check lab declared tuberculosis. She used the drug for tuberculosis package for 2 months plus every night drinking 1 teaspoon Oil Milligesic. After 2 months he was cured

and not to the doctor again, and every night drinking Milligesic Oil 1 teaspoon for 6 months. The Millitherb herbal treatment then do that cough. Successful treatment of tuberculosis and he was healthy until now.

11. Mr. J. (24 years) in January 2014, symptoms of sore right foot and could not walk due to falls from ladders and fall of the ladder. He was not to go to a doctor. He was to knock nerves with the brush and smeared Milligesic Oil, then stretching the right leg pulled way. Each dried oil smeared again with Milligesic Oil. Reduced pain and was able to walk the next day. Once a week he had fully recovered. The successful treatment of sprains, he recovered in one week.

12. Mr. R. I. A. (24 years) in February 2014, symptoms of head pain, shortness of breath, fever and chills, stomach pain stabbing into the right and left chest to the back. He went to four doctor during the first months and performed lab tests that he is healthy but every doctor gives medicine, but he was not heal. Millitherb diagnosis of fatty liver he was sick because he was fat. Then he was given a capsule Millihepar 6x1, 6x1 Tonic Millijantung Millimistin 3x15 capsules and drops and to do the knock nerves with the brush smeared with Milligesic Oil and massaged for blood flow circulation, After 3 days reduced symptoms and treatment continued and he did the knock nerves if stomach pain. The successful treatment of fatty liver, he recovered within 2 weeks.

13. Furthermore practiced on patients every day either patient and another healer.

The knock nerves and herb Millitherb therapy 100% success states can eliminate the symptoms of the disease, relieve pain, inflammation and accelerate shrink thyroids/tumors/cancerous lump, tuberculosis, nephritis, and another diseases.

## CONCLUSION

From the results of the cases study of The Knock Nerves and Herbal MILLIHERB can cure the diseases, especially for first aid stroke disease, inflammation and pain. Even more rapid these healing than modern medicine for decreased pains, ache, inflammation and shrink lumps and healing the diseases for treatment of stoke, thyroids, varicocele, hepatitis, cancer, nephritis syndrome. This therapy is better than modern medicine.

Although the results of the cases study is less accurate than clinical trials, but the success can not be ignored. Therefore further research (clinical trials) is needed on the success of this method of treatment. Another advantage of using this therapy treatment is easy, inexpensive, can be done alone, and adverb reaction negligible.

The biggest obstacle in the traditional medicine are expert physicians, pharmacists, and the government has not believed that traditionally medicine can be success as modern medicine.

## SUGGESTION

To fulfill the slogan "ALL diseases has drugs and is curable". One of the family can do the knock nerves to perform first aid in the treatment of diseases.

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