



## Gastric-Cancer

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### Abstract:

Gastric cancer (GC) is the fourth most common cancer in the world. When cancer cells form in the inner lining of stomach these cells can grow into a tumor. Which called gastric cancer, the disease usually grows slowly over many years. GC is a multifactorial disease comprehending lifestyle, aging, genetic, socioeconomic factors, and also infection by *Helicobacter pylori*, which has been attributed in 80% of the cases and Epstein-Barr virus (present in 6-10% of cases). One of the great problems of gastric cancer is the late disease detection caused by the nonspecific symptomatology in early stages which is associated with poor prognosis. According to Lauren classification the adenocarcinoma presents in two types: type one intestinal well differentiated with cohesive neoplastic cells, forming gland-like tubular strictures: type two diffuse poorly differentiated with infiltration and thickening of the stomach wall without the formation of a discrete mass Early Symptoms on, stomach cancer may cause indigestion, Feeling bloated after you eat a meal, heartburn, nausea, Loss of appetite As stomach tumors grow, you may have more serious symptoms, such as stomach pain, blood in your stool, omitting weight loss Trouble swallowing Yellowish eye, or skin, Swelling in your stomach constipation or diarrhea, or feeling tired, Innovative technologies have been used to identify alterations in gastric cancer cell biology, e.g., several genetic abnormalities such as aberrant genes, copy number variation, micro RNAs, and long noncoding RNAs were identified as possible biomarkers in these studies. so prevention of stomach cancer. Though stomach cancer is the fourth most



common cancer in the world, the number of cases has dropped over the past. Several decades there's no guarantee you can prevent it, but there's plenty you can do to lower your chances of having it. Here's how to give you every possible advantage check on ulcer *helicobacter pylori* is common bacteria it doesn't make always sick but it can infect on stomach lining and cause ulcer and it is also a carcinogen which means it can cause cancer so to treat early ulcer, pile on the produce make sure each meal includes fruits vegetables can lower chance of GC...

### Biography:

Dr. Qudratullah Muslim, Medical Doctor and Lecturer. Dr. Qudratullah Muslim Had studied primary education in Helmand -Afghanistan And had studied higher Education In Delhi-india And Kabul -Afghanistan.

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