



Description of the Level of Ansietas of Patients of Diabetes Mellitusin Kendal District

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Abstract

Introduction: Diabetes Mellitus is a chronic metabolic disorder associated with a system in the body, due to various factors, characterized by hyperglycemia and hyperlipidaemia, due to a lack of secretion or ineffectiveness of insulin secreted by the pancreas. Diabetes Mellitus patients should perform various management therapies for Diabetes Mellitus to prevent complications and control the stability of blood sugar levels. The therapy can have physical and psychological effects. The psychological effects that can be felt one of them are anxiety. This study aims to determine the description of anxiety levels in patients with Diabetes Mellitus in the area of Djazariyah family doctor Kendal District. Method: quantitative descriptive method. The measuring tool used is a questionnaire of Depression Anxiety Stress Scale consisting of 42 questions. The sample was 37 respondents. Results: Most Diabetes Mellitus patients experienced mild anxiety. Discussion: Further investigators are recommended to use the modified Depression Anxiety Stress Scale questionnaire to make it easier for respondents to understand and answer questions.

Biography

Ns. Livana PH, M.Kep., Sp.Kep.J, Born in Jakarta, December 12, 1984, the author completed his education at Yogyakarta Global Solar Health College at the Bachelor of Nursing level in 2007 and the Nurse Profession in 2009. The author continued his Masters in Nursing at the Faculty of Nursing, University of Indonesia graduated in 2014 and completed Education Mental Nursing Specialist in 2015. The author is active in professional organizations as administrators of PPNI DPD Kab. Kendal, PPNI DPW Prov. Central Java and the Indonesian Mental Health Nurse Association Central Java Province. Active writer as editor in chief at Jurnal Keperawatan, Jurnal Ilmiah permas: Jurnal Ilmiah STIKES Kendal, Jurnal Farmasetis, Jurnal Ilmu Keperawatan Jiwa, Jurnal Gawat Darurat. The author is active as an editor at Jurnal Perawat Indonesia, Jurnal keperawatan Jiwa, Coping, Indonesian Journal of Global Health Research, Jurnal Penelitian Perawat Profesional, Jurnal Peduli Masyarakat, and Jurnal Manarang. The author is also active as a reviewer in jurnal Kesehatan, Jurnal Surya Muda, Jurnal Kesehatan Indra Husada. The author has a career as a lecturer in the Department of Psychiatric Nursing and the Nursing Study Program at Kendal College of Health since 2011 until now.

Publications

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